



Welcome!

Thank you for registering for the MEDIC SOLO [Disaster + Travel + Wilderness First Aid course](#).

We are excited and grateful that you chose to learn with us, and we look forward to serving you with the best possible educational experience.

Please devote a few hours to prepare for this class conscientiously – setting up yourself and others for the best possible safe learning experience. Thanks!

Preparation Schedule

• Shortly after registering, please:

- 1) Play this short welcome video → → → → → → → → → →
- 2) Set your [spam filter](#) to receive all emails from anyone @solowfa.com
- 3) Order the 5th edition [textbook](#). If Amazon shipping won't be fast enough, please [contact us](#).
- 4) Print and pre-read the [Safe Attendance Form](#).
- 5) Consider marking in your calendar planner, all of the below.



• 1 – 2 months before class:

- Consider [maximizing your learning](#).
- Peruse the [what to bring / gear list](#). Consider any upcoming opportunities to borrow items from friends.
- Plan when to watch this [20-min. course topic video](#) (required for some classes, saving in-person class time).

• All 14 days before class:

- 1) Use this [Symptoms Journal](#) to keep a record of any symptoms you have, and when.
- 2) Avoid as much as possible, non-essential exposures to others. Please don't come to class contagious.
- 3) Strongly consider wearing an N95 or better mask during essential exposures, including meals (except at home of course! :).

• Day of class:

- Timing: 8:00am – 7pm for most MEDIC SOLO public open-enrollment classes.
 - Please see the **final details email we send 2 to 3 weeks before class**, for confirmation of class timing.
 - On-time 100% attendance is required for certification.
 - B.y.o. lunch break is approx. 25 minutes, to maximize time for hands-on skills practice.
- Location and directions: once finalized they'll be posted [here](#); please double-check the final details email noted just above, to confirm and for any important change announcements.
- [Safe Attendance Form](#): first thing upon arrival (during check-in), please sign and turn it in to your instructor.
- [Gear list](#): please bring all items into the classroom before the class start time.
- Please have your phone/devices on airplane mode during class, unless you're on call for emergencies.
- **Under 18?** Please arrive with two forms signed by both you and your parent/guardian: (1) the form linked just above, and (2) the [Participant Agreement](#) (youth sign page 1, parent/guardian page 2).
- CPR and AED are not a part of dtWFA instruction. There is not enough time, sorry.

• Can't come to class?

- Here are our [refunds](#) and [swaps & transfers](#) policies (also found in our registration form payment section).

We can't wait to meet and work with you, and develop your skills and knowledge.

Happy learning!