

Worksheet for Completion of First Aid Merit Badge

with Matthew Rosefsky, other adults, and MEDIC SOLO www.solowfa.com/BSA-First-Aid-Merit-Badge.htm

Requirements reference: <https://www.boyscouttrail.com/boy-scouts/meritbadges/first-aid-merit-badge.asp>

Brown-signature-box tasks below which are verbal in nature: Scout can voice them orally to, or write them out for, the collaborating adult. If Scout wishes to write out answers for an adult to approve, one option is to use parts of this form: <http://usscouts.org/mb/worksheets/First-Aid.pdf>

Mail this completed form to Merit Badge Counselor: Matthew Rosefsky, 351 10th Street NW, Charlottesville, VA 22903.

(Note: this address is expected to change in 2025.)

→ Also include in mailer: fully-completed (except approval signatures) Merit Badge Blue Card. Nothing else needs to be included in mailer.

Scout Name	BSA Council	District	Troop #
BSA First Aid Merit Badge	When Scout Completes	CIRCLE Who Signed Off	TASK VERIFIED COMPLETED BY:
TASK			RELATION ADULT SIGNATURE ADULT NAME DATE
1. Demonstrate to your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Class ranks. (See last 7 pages of http://usscouts.org/mb/worksheets/First-Aid.pdf)	Before WFA	Adult Scout Leader	(circle who on left)
2. Explain how you would obtain emergency medical assistance from:			
a. Your home	anytime	Parent, or Adult Scout Leader	(circle who on left)
b. A remote location on a wilderness camping trip	anytime	Parent, or Adult Scout Leader	(circle who on left)
c. An activity on open water	anytime	Parent, or Adult Scout Leader	(circle who on left)
3. Define the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives	Before WFA	Rosefsky or Instructor he trained	(WFA certification card)

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			RELATION	ADULT SIGNATURE	ADULT NAME	DATE
4. Explain the standard precautions as applied to the transmission of infections. Discuss the ways you should protect yourself and the victim while administering first aid.	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
5. Do the following:						
a. Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.	After WFA	Adult Scout Leader	(circle who on left)			
b. With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader.	After WFA	Adult Scout Leader	(circle who on left)			
6. Describe the early signs and symptoms of each of the following and explain what actions you should take:						
a. Shock	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
b. Heart attack	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
c. Stroke	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
7. Do the following:						
a. Describe the conditions that must exist before performing CPR on a person. Then demonstrate proper CPR technique using a training device approved by your counselor.	anytime	Adult who is currently CPR-certified OR scout gets CPR certification to satisfy this requirement.	(circle who on left)			
b. Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.	anytime	Parent, or Adult Scout Leader	(circle who on left)			

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8. Do the following:						
a. Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely.	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
b. Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding.	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
c. Explain when it is appropriate and not appropriate to use a tourniquet. List some of the benefits and dangers of the use of a tourniquet.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
d. Describe the proper application of a tourniquet.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
10. Do the following:						
a. Describe the signs and symptoms of an open or closed fracture or dislocation.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
b. Explain what measures should be taken to reduce the likelihood of further complications of fractures and dislocations.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
11. Demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the:						
a. Forearm	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
b. Wrist	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
c. Hand and Fingers	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			

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d. Upper leg	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
e. Lower leg	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
f. Ankle	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
12. Describe the signs and symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:						
a. Anaphylaxis/allergic reactions	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
b. Asthma attack	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
c. Bruises	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
d. Sprains or strains	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
e. Hypothermia	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
f. Frostbite	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
g. Burns - first, second, and third degree	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
h. Concussion	After WFA	Parent, or Adult Scout Leader	(circle who on left)			

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i. Convulsions/seizures	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
j. Someone who is unconscious	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
k. Dehydration	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
l. Muscle cramps	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
m. Heat exhaustion	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
n. Heat stroke	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
o. Abdominal pain	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
p. Broken, chipped, or loosened tooth	anytime	Parent, or Adult Scout Leader	(circle who on left)			
13. Do the following:						
a. Describe the conditions under which an injured person should be moved.	After WFA	Parent, or Adult Scout Leader	(circle who on left)			
b. If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.	in WFA class	Rosefsky or Instructor he trained	(WFA certification card)			
c. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.	anytime	Parent, or Adult Scout Leader	(circle who on left)			
14. Teach another Scout a first-aid skill selected by your counselor.	After WFA	Adult Scout Leader	(circle who on left)			